Paint is a major, low-cost way for me to bring '70s style into our remodeled home. The wide blue stripe in the living room creates a graphic focal point around the fireplace and TV. I filled white wall space with a closet shelving system I spray-painted to mimic the look of brass, and pine boards I stained a walnut tone have a high-end look for a fraction of the cost.

A.M.

POVERTY SUCK

Second AC As an editor, I love an "old house

meets new owner" story. But mine was feeling less fairy tale and more "delusional woman buys crumbling box"—until I stumbled on shots of my own house in a 1974 issue of BHG. With a flood of new inspiration, I set about helping her flaunt, rather than hide, her age.

by LAUREN BENGTSON photos KIM CORNELISON styling JOSEPH WANEK



It's one thing to love a home for its history. But discovering you and your home share a history in the BHG family? That's kismet.

was scouring the Better Homes & Gardens archives one day looking for vintage shots of mushroom lamps (a day in the life of a market editor) when I found myself staring at my own living room. Some things looked different: The carpeted floors are now hardwood, and the original tongue-andgroove ceilings are painted white. But it was unmistakably ours-documented in the prime of its groovy '70s phase.

Take one look at the house now and you can probably tell my husband, Chris, and I are very much into the erathe fashion, the decor, the music-so stumbling upon the 1974 feature shortly after moving in was like finding a readymade mood board filled with inspiration.

Chris usually lets me have free rein with decorating, so I'll jump on a project as soon as an idea strikes. It's not uncommon for him to come home from a weekend trip to find the kitchen completely wallpapered or a room painted an entirely new color. Case in

point: my spontaneous paint job on the living room wall. Inspired by the bold stripe between the living and dining rooms in the original story, I painted a graphic stripe around the fireplace in a similar tone. Then there was that weekend I decided all the happiest homes have quirky lights over their kitchen sinks and installed a domed pendant similar to one that hung over the dining table in the '70s. Chris takes it all in stride-though after my fourth Facebook Marketplace purchase of a "new" (to us) set of chairs, I've been lovingly forbidden from trying to squeeze any more seating into our 1,700-square-foot home. But it's not so much that I have an obsession with chairs; it's more an addiction to giving something preloved a new life-an addiction to the thrift.

A little backstory: We first toured this house when it was midflip with a local contractor who planned to renovate and sell it. I immediately fell in love with those tongue-and-groove ceilings. I paid no



front and center in the home's 1974 magazine feature, left, inspired our living room stripe color (Sherwin-Williams Marea Baja). Add some leather sling-back chairs to the mix? Absolutely. (Ours are camel-color, and we layered with sheepskin for a softer look.)

When we moved in, our contractor gave us a collection of vintage photos of the house from the 1950s. Now they make a nostalgic gallery wall behind the sofa, below.

BEFOR<mark>E & AFTER</mark>



attention to the holes in the subflooring, the exposed studs, shredded insulation, nicotine-stained drywall, or Chris, who was looking at me like I was crazy. Built in 1956, the house had reached the point of disaster—a total gut. We made an offer the next day. I loved that we'd get the strong midcentury architecture but with a basically brand-new, updated interior.

As the story of an old neglected house often goes, right after we moved in, we found out the place needed even more work than expected: replacing the roof and skylights, installing new HVAC, evicting and relocating opossums—you name it. Those major repairs left us with less fun money for decorating, so shopping previously

The authentic Marcel Brever Cesca chairs were a Facebook Marketplace steal at \$125 for the set, but they needed lots of TLC. I re-shined the chrome with aluminum foil and water, cleaned up the cane backs, and reupholstered seats in a durable bouclé fabric. The tulip table and George Nelson saucer pendant add soft curvature. owned became my solution. But somewhere along the way, secondhand stopped feeling like my only option and became my first choice. The pieces tend to be unique, affordable, well-made, and sustainable. Thrifted finds like the replica LC4 chaise and Wassily chairs in the living room—two iconic midcentury designs—are some of my favorite things. (Though my most cherished secondhand find is our rescued Staffordshire terrier, Milly.)

The entire house is a friendship of old and new: the mixed glassware in our kitchen, the clothes in my closet, the Joni Mitchell vinyls that have a home next to Kacey Musgraves. Oh, and the chairs—all 28 of them.

BEFORE & AFTER









• BAR AREA Plug-in sconces with amber LED candelabra bulbs emit a moody glow that emphasizes the warmth of the orange wall (Benjamin Moore Baked Terra Cotta). The credenza was a free find on Facebook. • SHELVING The living room shelves display my favorite local art, collections, and petite LED lamps controlled by timers. • PEGBOARD WALL I borrowed the pegboard idea from Julia Child to organize cookware without hiding all their fun colors. Milly looks identical to one of the dogs in the peel-and-stick wallpaper, so I put it up just for her. • KITCHEN I installed the '70s-inspired diamond geometric wallpaper above the backsplash to blend with the dark cabinets. Mismatched serveware adds personality.

Second-Hand, FIRST CHOICE

I've learned a lot in my young career of buying secondhand. These are the rules I try to stick to.

HAVE PATIENCE

The best part about secondhand is you can buy it right then and there, no supply chain delays. But if you don't love it, don't buy it. It's worth it to wait for the right thing, and there will always be another dresser or chair to consider. Nothing is worse than finding the piece you really love after buying one you feel "meh" about.

FACTOR IN TRANSPORTATION

Sure, that hutch is \$40, but you're going to need a U-Haul to get it home. Worth it? Maybe. I've rented my fair share of moving trucks (I never should have sold my pickup), but if the extra cost and logistics exceed the value, walk away.

KNOW YOUR SKILLS

Light wood scratches or bad hinges don't scare me. I know I can fix dings with a wood stain marker and easily replace hardware. But when it comes to intricate woodwork or a needle and thread, count me out. If fixing a piece will give you a headache or cost more than it's worth, it's likely not the one.







I had paint left over from the living room stripe, and it was the perfect hue for this accent wall in our bedroom. Velvet curtains in the same tone add dimension to the wall and create the illusion of a headboard. "I love the thrill of the thrift. Every room in this house is a mix of new and secondhand, splurge and save."

Hover your smartphone camera over this code to follow BHG on TikTok and watch our behind-the-scenes tour with Lauren, plus more editor advice.



